



KSTP Athlete Code of Behaviour

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<p>Overview</p>	<p>This document is to be read in addition to KSTPs General Code of Behaviour. Athletes are required to meet the following guidelines in regards to conduct during any activity held or sanctioned by KSTP, Gymnastics NSW, Gymnastics Australia, or an affiliated club and in your role as a participant in any activity held by or under the auspices of KSTP, Gymnastics NSW, Gymnastics Australia, or an affiliated club:</p>
<p>Guidelines for Athletes</p>	<ul style="list-style-type: none"> • Respect the rights, dignity and worth of fellow athletes, coaches, officials and spectators regardless of their gender, ability, cultural background/religion. • Respect the talent, potential and development of fellow athletes and competitors, by being a supportive team player always. • Athletes are not to involve themselves in social media with coaches. This includes but is not limited to Facebook, Instagram, Whatsapp, messenger. The only exception is a coaches professional sports Instagram page. • When using social media, you must not post any material that is offensive, harassing, discriminatory, embarrassing, intimidating, sexually explicit, bullying, hateful, racist, sexist or otherwise inappropriate. • Care for and respect the equipment provided to you as part of your program. • Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements. • At all times avoid intimate relationships with your coach. • At all times be mindful of physical interaction with your team mates within the gym and during training. • Conduct yourself in a professional manner relating to language, attitude and punctuality. • Maintain high personal behaviour standards at all times. • Be honest in your attitude and preparation to training. Work equally hard for yourself and your team. • Cooperate with coaches and staff in development of programs to adequately prepare you for competition at the highest level. • Do not act verbally or physically aggressively at any time. • At competitions respect all officials, volunteers, other clubs coaches and athletes by being polite and respectful. • Abide by the rules and respect all policies, programs and guidelines as set by KSTP, Gymnastics NSW and Gymnastics Australia.